

Patient Health Questionnaire - PHQ

ACN Group, Inc. - Form PHQ-202

ACN Group, Inc. Use Only rev 7/18/05

Patient Name _____ Date _____

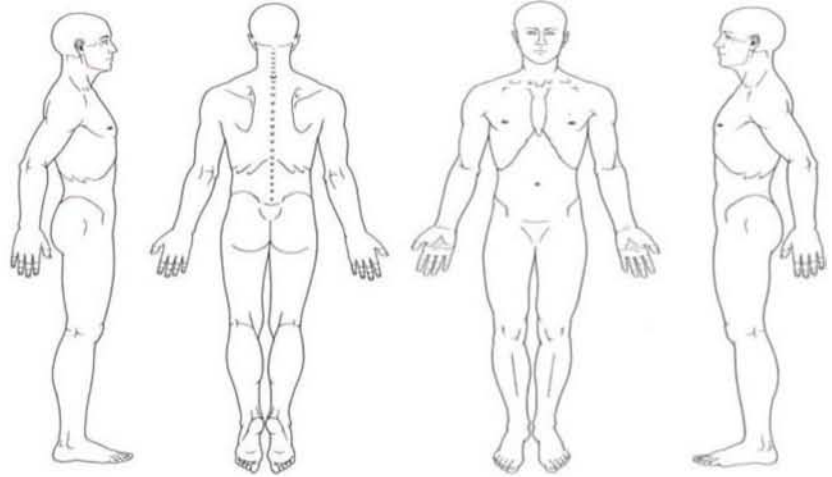
1. Describe your symptoms

a. When did your symptoms start?

b. How did your symptoms begin?

2. How often do you experience your symptoms? Indicate where you have pain or other symptoms

- ① Constantly (76-100% of the day)
- ② Frequently (51-75% of the day)
- ③ Occasionally (26-50% of the day)
- ④ Intermittently (0-25% of the day)



3. What describes the nature of your symptoms?

- ① Sharp
- ② Dull ache
- ③ Numb
- ④ Shooting
- ⑤ Burning
- ⑥ Tingling

4. How are your symptoms changing?

- ① Getting Better
- ② Not Changing
- ③ Getting Worse

5. During the past 4 weeks:

a. Indicate the average intensity of your symptoms

None ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ Unbearable ⑩

b. How much has pain interfered with your normal work (including both work outside the home, and housework)

- ① Not at all
- ② A little bit
- ③ Moderately
- ④ Quite a bit
- ⑤ Extremely

6. During the past 4 weeks how much of the time has your condition interfered with your social activities?

(like visiting with friends, relatives, etc)

- ① All of the time
- ② Most of the time
- ③ Some of the time
- ④ A little of the time
- ⑤ None of the time

7. In general would you say your overall health right now is...

- ① Excellent
- ② Very Good
- ③ Good
- ④ Fair
- ⑤ Poor

8. Who have you seen for your symptoms?

- ① No One
- ② Chiropractor
- ③ Medical Doctor
- ④ Physical Therapist
- ⑤ Other

a. What treatment did you receive and when?

b. What tests have you had for your symptoms and when were they performed?

- ① Xrays date: _____
- ② MRI date: _____
- ③ CT Scan date: _____
- ④ Other date: _____

9. Have you had similar symptoms in the past?

- ① Yes
- ② No

a. If you have received treatment in the past for the same or similar symptoms, who did you see?

- ① This Office
- ② Chiropractor
- ③ Medical Doctor
- ④ Physical Therapist
- ⑤ Other

10. What is your occupation?

- ① Professional/Executive
- ② White Collar/Secretarial
- ③ Tradesperson
- ④ Laborer
- ⑤ Homemaker
- ⑥ FT Student
- ⑦ Retired
- ⑧ Other

a. If you are not retired, a homemaker, or a student, what is your current work status?

- ① Full-time
- ② Part-time
- ③ Self-employed
- ④ Unemployed
- ⑤ Off work
- ⑥ Other

Patient Signature _____ Date _____

Name _____ Phone () _____ - _____
 Birthdate ____ / ____ / ____ age ____ height _____ weight _____

Complaint/How Long?

Have you received Treatment?

List All Surgeries / Trauma with dates

List All Medications / Allergies

Please Check All of the Following that Apply

FAMILY MEDICAL HISTORY

- Obesity
- Stroke
- Seizures
- High blood pres.
- Diabetes
- Heart Disease
- Cancer _____
- Other _____

YOUR HABBITS

- Cigarettes per day ____
 - Smoke other per day ____
 - Alcohol per week ____
 - Street drugs
 - Coffee
 - Cola/Soda
 - Tea
 - Chocolate
 - Sugar
 - Artificial sweetener
 - Salt
- Explain any cravings _____

GENERAL

- Poor appetite
- Heavy appetite
- Poor sleep
- Heavy sleep
- Insomnia
- Fatigue
- Tremors
- Vertigo
- Cold hands
- Cold feet
- Cold back
- Cold abdomen
- Fevers
- Chills
- Night sweats
- Sweat easily
- Cravings
- Localized weakness
- Poor coordination
- Change in appetite
- Energy loss
- Peculiar taste/smell
- Bleed or bruise easily

SKIN/HAIR

- Rashes
- Ulcerations
- Hives
- Itching
- Eczema
- Pimples
- Dandruff
- Hair loss
- Change in texture Hair/Skin
- Other

HEAD, EYES, EARS, NOSE, AND THROAT

- Dizziness
- Eye strain
- Color blindness
- Ringing in ears
- Mucus
- Teeth problems
- Mouth Sores
- Headaches (explain)
- Concussions
- Eye pain
- Cataracts
- Poor hearing
- Dry throat
- Jaw clicks
- Migraines
- Poor vision
- Blurry vision
- Nose bleeds
- Dry mouth
- Grinding teeth
- Glasses
- Night blindness
- Other Head or Neck problems
- Ear aches
- Sinus problems
- Copious saliva
- Facial Pain

CARDIOVASCULAR

- High blood pressure
- Dizziness
- Blood clots
- Other _____
- Low blood pressure
- Fainting
- Phlebitis
- Chest Pain
- Cold hands/feet
- Difficulty breathing
- Irregular heartbeat
- Swelling in hands/feet

RESPIRATORY

- Cough
- Pneumonia
- Difficulty breathing when lying down
- Production of phlegm
- Coughing blood
- Asthma
- Bronchitis
- Tight chest

GASTROINTESTINAL

- Nausea
- Gas
- Bad breath
- Bowel Movement: Freq. _____ Color _____ Odor _____
- Constipation
- Vomiting
- Belching
- Rectal pain
- Bloody stools
- Diarrhea
- Black stool
- Hemorrhoids
- Sensitive abdomen

GENITO-URINARY

- Pain on urination
- Unable to hold urine
- Other _____
- Wake up to urinate
- Frequent Urination
- Kidney stones
- Blood in urine
- Venereal disease
- Urgency to urinate
- Impotency

PREGNANCY AND GYNECOLOGY

- Number of pregnancies
- Age at first menses
- Clots
- Date of last PAP test _____
- Vaginal discharge
- Number of births
- Period duration
- Vaginal sores
- Premature births
- Duration of last period
- Date of last period _____
- Breast lumps
- Miscarriages
- Irregular Period

MUSCULOSKELTAL

- Neck pain
 - Muscle pain
 - Back pain
 - Joint pain
- Explain _____
-

NEUROPSYCHOLOGICAL

- Seizures
- Depression
- Areas of numbness
- Anxiety
- Poor memory
- Bad temper
- Concussion
- Easily stressed
- Treated for emotional problems

OTHER _____

Patient Signature

Date

Patient name _____

Date of Birth ____ / ____ / ____

Phone Number _____

My signature below certifies that I have reviewed a copy of the Notice of privacy Practices.

Signature of Patient or Guardian

Date